



Inner South Area Committee

Belle Isle & Middleton Neighbourhood Improvement Board

Meeting held 2nd September 2013
Tenants Hall, Middleton

Present: Cllr Paul Truswell (Chair), Cllr Judith Blake (LCC), Cllr Kim Groves, (LCC), Martin Hackett (LCC – SE Area Support Team), Neil Diamond (AVH), Tom Smith (SE LT), Dawn Austwick (Middleton Elderly Aid), Shaid Mahmood (LCC), Sam Coupland (LCC), Jane Hopkins (LCC), Joanne Hainsworth (BCM Cluster), Carla Yeomans (BITMO), Light Addaquay (LCC), Ian Kenning (LCC), Joanne Davis (LCC), Sue Holdsworth (JCP), Pat McGeever (HFA), Mick Ward (LCC Adult Soc Care), Robert Berriff (WYP), Janet Duke (Middleton Elderly Aid), Matthew Walker (LFHA).

Apologies: Peter Nuttall, Graeme Ashton, Amy Tolliday.

1.0	Introductions and Apologies	Action
1.1	Introductions were made and apologies given.	
2.0	Minutes of the last meeting held on 4 th June 2013 and matters arising	
2.1	The minutes were agreed as an accurate record and there were no matters arising that were not on the agenda.	
2.2	Ian Kenning introduced himself to the group explaining that he was working in both Middleton Park ward and City & Hunslet ward as a Neighbourhood Improvement Officer, funded by Area Committee.	
3.0	NIB Development & Improvement Plan	
3.1	MH reported that a number of sections within the NIB plan had been updated since the mail out and he would be sending out the revised plan soon after the meeting.	
3.2	Particular reference was made to: <ul style="list-style-type: none"> • Work to develop a town team with Middleton traders • Proposed improvements to Middleton shopping centre • Proposals at Winrose Grove shops • Information required from AVH and BITMO on area panel bids, community activities • Updates on NEET figures and trends 	
3.3	ACTION: an e mail will be sent to partners where updates to the plan are required.	MH
4.0	Priority Theme – Health & Well Being	
4.1	Dementia – Mick Ward (Head of commissioning in Adult Social Care)	
4.1.1	Key points highlighted include: <ul style="list-style-type: none"> • Improving diagnosis at the early stages of the condition • Review the ‘shared care’ for diagnosis, prescribing and post –diagnosis 	

<p>4.1.2</p> <p>4.1.3</p> <p>4.1.4</p>	<ul style="list-style-type: none"> • A local public awareness campaign and local initiative to identify and assess people who may have dementia • To help people cope with these changes, a good network of support services is vital. • Work with people who have dementia, community groups and others to expand the variety and number of services on offer, and make sure people can access them no matter where in the city they live • Involve local organisations and businesses with the aim of becoming a 'dementia friendly' community. • Integration of Health & Social Care will ensure social care providers and NHS service work together better so there is further reduction of inappropriate prescribing of anti-psychotic medication. <p>Following discussions, the following questions and points were raised:</p> <ul style="list-style-type: none"> • What involvement has there been with community based organisations? • Training for frontline staff, training sessions for volunteers in the community groups • Local awareness campaign including innovative methods and messages for reaching diverse communities. • Develop more intergenerational work, e.g. with local schools, so pupils can recognise the signs in family members • Concerns were raised about intermediate care in between diagnosis and going to a care home. • Encourage local 'dementia champions' <p>Action: Mick to provide information regarding training and awareness and a list of community organisations they have been involved with and publicity leaflets and useful contact list to be circulated to local businesses, community groups.</p> <p>Agreed: All agencies should be addressing this important issue by developing awareness among all sections of the community and age groups, training staff, appointing champions, and creating dementia-friendly environments.</p>	<p>MW</p>
<p>4.2</p> <p>4.2.1</p>	<p>Leeds Active Offer scheme roll out and engagement with partners – Sam Coupland (Sport & Active Lifestyles)</p> <p>SC reported that the Leeds Let's Get Active schemes has three key strands:</p> <ul style="list-style-type: none"> • Strand 1: Free use of Leeds City Council leisure centres for selected sport and fitness activities, at selected times, daily, open to all (universally targeted). - The offer in leisure centres will typically be one free hour every day (off peak) with an additional hour per day for 4 leisure centres that serve the most deprived areas of the city, namely, John Charles Centre for Sport, Armley, Fearnville and Middleton Leisure centres. • Activities to include gym and swim, except at Middleton Leisure centre where a fitness class and a rackets programme has been developed. • Strand 2: Free use of community multi-sport sessions- Activities to include Beginners Running, Health walks and Active family multi-sport 	

4.2.2	<p>activities</p> <ul style="list-style-type: none"> The programmes will be delivered in blocks of 10 – 12 weeks. In total there will be 102 blocks of activity over the life time of the project. The delivery will mainly take place in parks. Strand 3: Behaviour change interventions linked to the Bodyline on Referral Scheme (BORP) - This scheme aims to build on the signposting scheme already (BORP) in place for Healthcare Professional's and Healthy Lifestyle providers. A package of support for new users will be developed to aid behaviour change. <p>Agreed: Marketing and raising awareness of the scheme is crucial in getting people engaged. Partners would promote publicity material provided through their existing channels of communications. I.e. Websites Newsletters, leaflets, etc.</p> <p>Action: Details of the promotional/marketing strategy is needed to see what has been planned to promote the scheme. Sam to make contact with communications team for details of the current plan.</p>	SC
4.3	<p>Middleton Leisure Centre – how partners can collaborate on activities to channel people into this facility – Sam Coupland</p> <p>4.3.1 SC reported the official opening of the centre is schedule for 30th of September at 11am. Though the evening activities are busy, more needed to be done to bring in footfall during the day.</p> <p>4.3.2 There were a few concerns raised about people having difficulty in booking the centre.</p> <p>4.3.3 It was also mentioned that the pricing structure needs to be reviewed in comparison to the rest of the city.</p> <p>4.3.4 Suggestions include organising exercise for older people and activities such as curling.</p> <p>Action: Sam to provide a list of people that have been invited to the official opening to ensure that all the people that needs to be there have been invited.</p> <p>Agreed: Marketing campaigned needs to be tailored and localised to draw people into the centre.</p>	SC
4.4	<p>Progress in reducing levels of smoking in Belle Isle and how partners can support this work – Joanne Davis</p> <p>4.4.1 JD give an update to the board in relation to what activity had taken place in Belle Isle with the aim of Reducing smoking rates from 41.2% in Belle Isle South MSOA and 33.8% in the Belle Isle north MSOA since the OBA workshop took place in November 2012.</p> <p>4.4.2 Since the OBA session in November an action plan had been developed and a working group was meeting regularly to make sure the work programme of the action plan was been delivered.</p>	

<p>4.4.3</p> <p>4.4.4</p>	<p>From May 2013 a weekly smoking cessation clinic had been taking place at Belle Isle Family Centre. Although the clinic had been accessed, it had accessed more by individuals working in the local area than local residents.</p> <p>JD asked the board for their suggestions and ideas in relation to getting to attend the local clinic. Cllr Truswell pointed out that although posters had been put up in a variety of venues to promote the clinic, there needed to be on-going publicity of the local smoking cessation services by everyone. JD noted that workers from smoking cessation were currently carrying out local promotion of Stoptober, which they hoped would encourage more local people to access services.</p>	
<p>4.5</p> <p>4.5.1</p> <p>4.5.2</p> <p>4.5.3</p> <p>4.5.4</p> <p>4.5.5</p>	<p>Work to reduce Obesity – Joanne Davis</p> <p>JD gave an update in relation to the Achieving a Healthy Weight in Middleton work programme.</p> <p>Progress has been made locally in relation to developing a referral pathway between local providers of obesity prevention / weight management services delivering services in the local area.</p> <p>A new family group will be starting at Middleton Leisure Centre in October, which aims to work with parents and children who are both overweight to encourage them as a family to adopt healthy lifestyles behaviours and lose weight.</p> <p>JD added that the potential of developing an Award Scheme for local takeaways to take part in to encourage them to deliver local ‘healthier takeaway’ was currently been examined.</p> <p>Cllr Groves mentioned that it would be really good if there was one local point / venue where individuals could access health related activities. JD mentioned to the board that the Multi Agency Referral Scheme was going to be carried out in Middleton. Referrals from the form in relation to taking up healthy lifestyle activity were going to be referred to a single point of contact at Health For All.</p>	
<p>5.0</p>	<p>Priority Theme – Communities & Neighbourhoods</p>	
<p>5.1</p> <p>5.1.1</p>	<p>Welfare Reform Update – Neil Diamond/Carla Yeomans</p> <p>BITMO</p> <ul style="list-style-type: none"> • Credit Union branch relocating from the BITMO housing office to St Georges centre. • 2.5 additional staff appointed • Welfare reform sessions held in various locations in Belle Isle. • 48 customers assisted in completing an application for DHP. • BITMO are investigating the costs of software that would enable specific tenants to be contacted directly be texts and/email • Links made with Get-IT- Together who offer basic IT training. • Mutual Exchanges promoted through advertising at Aberfield Gate office Tenants would be encouraged and supported in their applications for ASDA Middleton Jobs when the positions become available. • Partnership work with Leeds Federated Housing Association’s HUGO (Help You Get Online) bus. 	

<p>5.1.2</p>	<p>AVHL</p> <ul style="list-style-type: none"> • AVHL undertook visits to all tenants affected by the changes • 12.5 FTE appointed: includes six rent collection officers (Leeds City Council directly funded), three Financial Inclusion Officers, two Re-Housing Officers, one Independent Living Support Officer and an officer seconded from Leeds City Credit Union. • A House Exchange event 15th July 2013 at Middleton Community Centre which was attended by over 30 people. The event was publicised through Facebook, South Leeds Life, Internet, mobile texts and letters to target groups. • Hotspots for rent arrears includes flats on Sissons Road <p>General discussion include:</p> <ul style="list-style-type: none"> • The pressures on foodbanks as they run out of provisions • Low take up of Social Fund /Crisis loan • The council offers goods (e.g. white goods, food boxes) through its Local Welfare Support scheme – what is the take up of this? • Concerns around high interest lenders on the estates was raised • The issue of children being the hardest hit was raised. Work needed to dispel the stigma attached to the take up of free school meals. <p>Action: Carla Yeomans to explore criteria for the local welfare support scheme (the former social fund).</p>	<p>CY</p>
<p>6.0</p>	<p>Priority Theme – Employment & Skills</p>	
<p>6.1</p> <p>6.1.1</p> <p>6.1.2</p> <p>6.2</p> <p>6.2.1</p>	<p>Job Shop at St George’s Centre</p> <p>The Job Shop will open 5th September with the following partners delivering the service:</p> <ul style="list-style-type: none"> • LCC Employment & Skills • Igen • Aire Valley Homes • Union Learn <p>The Job Shop will be open Monday and Thursday. At the same time the Credit Union will also be opening a new branch at St George’s. There have been several banners advertising the service placed at various points in Middleton and Belle Isle. Flyers have also been placed in shops, public buildings etc. NIB Members were asked to promote the service wherever possible.</p> <p>Cllr Groves reported that she would be organising regular meetings with partner agency’s to monitor the success of the project and look at improvements wherever necessary.</p> <p>Better engagement with business</p> <p>LCC Employment & Skills have agreed to pull together a business engagement plan for South Leeds. It is anticipated that there will be further information on this plan at future meetings.</p>	

7.0	Items for next meeting	
7.1	Agreed that the following item would be discussed: 'What is the next step for universal credit?'	LA
8.0	Date of Next Meeting	
8.1	To be arranged.	